



# **Weekly Meal Plan**

**~ SUNDAY ~**

**Slow Cooker Roast**

**~ MONDAY ~**

**Meatloaf**

**~ TUESDAY ~**

**Tacos**

**~ WEDNESDAY ~**

**Breakfast**

**~ THURSDAY ~**

**Pasta**

**~ FRIDAY ~**

**Fish or Chicken**

**~ SATURDAY ~**

**Grill When Warmer**

**Soup When Cooler**